

For Long Finger Gloves use Palm Length Measurement

For Short Finger Gloves use Palm Circumference Measurement



BASIC HAND MEASUREMENTS FOR GLOVES:

Use a flexible measuring tape. Wrap the tape around the knuckle portion of your hand (this is the widest portion of your hand). The tape should lay flat against your skin, and snug. Do not wrap the tape tightly around your hand. Doing so will give you a false measurement.

In the example below the hand measurement is 20.6 cm which is equivalent to roughly 8".



Palm Length. Measure your hand on the palm side from the wrist (1st crease) to the tip of the middle finger. Wrap tape to the tip of you finger to find the tip point.

MEN'S SIZE CHART

Size Palm Circumference Palm Length

SM	19.5-20.5cm	17.5-18.5cm
MD	20.5-21.5cm	18.5-19.5cm
LG	21.5-22.5cm	19.5-20.5cm
XL	22.5-23.5cm	20.5-21.5cm
XXL	23.5-24.5cm	21.5-22.5cm

WOMEN'S SIZE CHART

Size Palm Circumference Palm Length

XS	16.5-17.5cm	15.5-16.5cm
SM	17.5-18.5cm	16.5-17.5cm
MD	18.5-19.5cm	17.5-18.5cm
LG	19.5-20.5cm	18.5-19.5cm
XL	20.5-21.5cm	19.5-20.5cm

